

Bloomingtondale Park District

Lil Runners



Kids ages 5-7 are introduced to the sport of track and field using appropriate running and movement games. Each week, kids learn a specific element of track and field all while having fun! Appropriate equipment is used for games and exercises. Lil Runners is located under Youth Fitness and Sports on the registration site at <http://bit.ly/bpd-lil-runners>.

Location: Johnston Recreation Center

Instructor: Hot Shot Sports

MIN/MAX: 4/15

| <u>Age</u> | <u>Day</u> | <u>Time</u> | <u>Date</u> | <u>Fee</u> | <u>Code#</u> |
|------------|------------|-------------|-------------|------------|--------------|
| 5-7 | W | 4:30-5:15P | 2/26-4/1 | \$60/\$80 | 202483-A2 |
| 5-7 | W | 4:30-5:15P | 4/15-5/20 | \$60/\$80 | 202483-A3 |